Title-Worry Warts

Philippians 4:4-9

1) Worrying is an attack from Satan

1st Peter 5:6-10

2) Guard your heart/mind

A) Guarding your mind/sober minded

Romans 13:14

B) Feed your mind God’s Word

Deuteronomy 8:3

Matthew 15:18

Psalm 119:37

3) Trust in the Lord

Proverbs 3:5-6

Matthew 6:25-34

Philippians 4:7

Matthew 11:28

Philippians 4:6

Benediction:1st Thessalonians 5:16-18