Rest

Genesis 2:2-3

1) God set the standard

Exodus 20:8-11

Leviticus 25:1-5

2) Rest isn’t natural for us, trusting God isn’t natural

Proverbs 3:5-6

Jeremiah 17:7-8

Hebrews 3 and 4

3) Ultimate rest is found only in Christ

Matthew 11:28-30

Matthew 5:3

Romans 5:8